



Counselling Psychology
CNPS 363: Career Counselling (3.0) Course Outline

Evaluation: The course grade of 150 marks is broken down as follows:

Assignment 1 = 20 marks; Assignment 2 = 60 marks;

Participation = 20 marks; Final exam = 50 marks

Description

Critical survey of career counselling theory and practice. (UBC Calendar) This online course provides you with a survey of career development theories and research with specific applications to career counselling. The online course reviews the major theories of career choice. Developmental issues, transition points and counselling strategies associated with the theories particular to the clients in career counselling are addressed. Counselling Psychology 363 is a core course on the Guidance Studies Diploma and an approved elective course on the Teacher Librarianship Diploma.

Objectives

- To understand the major theoretical approaches to the practice of career counselling and research
- To understand work and the labour market and their relationship to career and life planning
- To be able to use a range of basic counselling strategies, techniques and assessment methods with clients in career counselling;
- To review pertinent research and issues regarding career counselling with particular groups and in particular settings;
- To understand developmental issues and transition points as they apply to career counselling.

Overview

1. Overview of career counselling
2. Theories of career counselling
3. Standardized Assessment and Occupational Information in Career Counselling
4. Developmental and Decision-Making Theories
5. The Career Counselling Process: Techniques and Strategies
6. Emerging Theories of Career Development and Counselling
7. Career counselling: Women, Men and Mid-Life Changers
8. Career counselling: in Multiculturalism, Disability, and Unemployment
9. Career Counselling in Schools and Organizational Settings
10. The Future of Career Counselling

Students are required to have a computer, access to the Internet, and a Campus Wide Login ID and password to access the website for CNPS 363. Don't have a CWL account? Register at: <http://www.cwl.ubc.ca>

Technical Requirements

You must have a computer capable of running at least Netscape Navigator 6.2 or Microsoft Internet Explorer 6.0 or higher and access to the Internet at a connection speed of at least 56.6 kbps.

Extension Library Resources (if required): Register at: <http://www.library.ubc.ca/extension/>

Textbooks and Learning Materials

Call the UBC Bookstore to order: (604) 822-4742

Toll free: 1 800-661-3889 or visit: <http://www.bookstore.ubc.ca/>

Click on [Distance Education and Technology \(DE&T\) Course Material Ordering](#) and follow the instructions.

Required Texts

Zunker, Vernon G. (2001). *Career Counseling: A Holistic Approach* (7th ed.), Monterey, CA: Brooks/Cole.

- Holland, J. *SDS: Self-Directed Search Form R 4th Edition*:
 - *Assessment Booklet; You and Your Career*
 - *The Occupations Finder*
 - *Canadian Edition. PAR Psychological Assessment Resources, Inc.*
 - **Custom Course Material Package**
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For further information: (604) 822-3999 Toll free: 1 888-492-1122 or email: joanne.chilton@ubc.ca.



CNPS 363 Textbooks and Learning Materials Order Form

There are five ways to order your textbooks from the UBC Bookstore: <http://www.bookstore.ubc.ca/>
http://w4.bookstore.ubc.ca/cgi-bin/det/det_selector.cgi

1. In Person

Ensure the shelf tag has the correct course number and section number. Purchase EPLT texts only; other course sections may use different texts.

2. Phone

Phone orders are accepted Monday to Friday between 9:30am and 5:00pm.
Locally: call 604-822-2665. Out-of-town: call 1-800-661-3889.
Identify yourself as a Distance Education student.

3. Fax

Dial 604-822-2111 and send this completed form.

4. Mail

Send this completed form to:
UBC Bookstore, Attn: DET Orders
6200 University Blvd
Vancouver, BC V6T 1Z4

5. Web Order

To web order your selected texts, click on the "Make this a Web Order" button and complete the contact, delivery, and credit card billing details. After you submit the web order, you will receive a confirmation web page and an e-mail will be sent to the e-mail address you specified.

Send books to:

First name	Last Name
Street Address	
City	Province
Postal Code	Country
Phone (8:30 -4:30 pm)	Date of Order

Email address:

Please phone the Bookstore to confirm prices. Check the items you wish to order and write in the prices.

Price Required Textbook and Learning Materials

- _____ Zunker, Vernon G. (2001). *Career Counseling: A Holistic Approach* (7th ed.), Monterey, CA: Brooks/Cole.
- _____ Holland, J. *SDS: Self-Directed Search Form R 4th Edition: Assessment Booklet: You and Your Career; The Occupations Finder. Canadian Edition. PAR Psychological Assessment Resources, Inc. (3 booklets in one package)*
- _____ CNPS 363 Custom Course Material Package
- _____ Total materials cost
- _____ Add 7% GST
- _____ Add shipping cost (contact Bookstore for shipping costs to your location.)

Payment: Methods of payment include cheque, money order or credit card

Do not send cash. Cheque or money order: confirm the current book prices with the UBC Bookstore. Remember to include shipping costs and 7% GST. Cheques/money orders are payable to UBC Bookstore. For credit card payments please complete the following:

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