



**Counselling Psychology**  
**CNPS 364: Family Education and Consultation (3.0)**  
**Course Outline**

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Evaluation is based on:

Reaction Papers (3x 10 marks each) = 30%; Family critique = 25%; Parent Education Program =30%; Participation =15%

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**Course Description**

This online course is designed to provide an examination of current theories and practices in family education and consultation.

**Course Objectives**

To understand a broad systems (systems-ecological) perspective on families.

To identify the elements of a healthy/functional family

To become familiar with a variety of family issues, including those of culture, gender, and ethnicity.

To understand the process of family consultation and learn effective and respectful communication practices.

To become aware of issues in family-school relationships

To become familiar with family education programs by developing a family education program and/or critiquing another.

**Course Assignments**

**3 Reaction Papers** (30%) (10 marks for each paper).

Choose any three topics, chapters, or readings in the course materials and write a one-page reaction paper

**Family Critique** (25%) Family Viewing - Examine a family system from a list of suggested movies

**Parent Education Program** (30%)

You are to design a parent education program that is intended to enhance the sense of agency and intrinsic motivation of children.

**Class Participation** (15%)

The interaction for this course will be done online. Each student is expected to engage in the discussion according to the guidelines on WebCT.

**Course Overview**

1. Introduction to families; Introduction and overview of family education and consultation vs. therapy
2. A systems ecological orientation to families. Family strengths. Empowering families. Prevention.
3. Emerging family structures: Single parents, stepfamilies, non-resident parenting, fathering
4. Gender and diversity (ethnic, cultural, sexual)
5. Boundaries
6. Communication
7. Parenting children with physical, emotional, and behavioural difficulties
8. Preventing family violence
9. Family consultation
10. Family consultation in schools
11. Developing family education programs; Family and the career development of youth
12. Motivation
13. Summary and review

**Course Materials**

To order call the UBC Bookstore: (604) 822-4742 Toll free: 1 800-661-3889 or visit <http://www.bookstore.ubc.ca/>  
Click on [Distance Education and Technology \(DE&T\) Course Material Ordering](#) and follow the instructions.

**Required Textbook**

Fine, M.J., & Lee, S.W., Eds. (2001). Handbook of diversity in parent education. San Diego, CA: Academic Press.

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**Course Requirements**

Students are required to have a computer, access to the Internet, and a Campus Wide Login ID and password to access the website for CNPS 364. Don't have a CWL account? Register at: <http://www.cwl.ubc.ca>

**Technical Requirements**

You must have a computer capable of running at least Netscape Navigator 6.2 or Microsoft Internet Explorer 6.0 or higher and access to the Internet at a connection speed of at least 56.6 kbps.

**Extension Library Resources** (if required): Register at: <http://www.library.ubc.ca/extension/>

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For further information: (604) 822-3999 Toll free: 1 888-492-1122 or email: [joanne.chilton@ubc.ca](mailto:joanne.chilton@ubc.ca)



**CNPS 364 Textbooks and Learning Materials Order Form**

There are five ways to order your textbooks from the UBC Bookstore: [http://www.bookstore.ubc.ca/http://w4.bookstore.ubc.ca/cgi-bin/det/det\\_selector.cgi](http://www.bookstore.ubc.ca/http://w4.bookstore.ubc.ca/cgi-bin/det/det_selector.cgi)

**1. In Person**

Ensure the shelf tag has the correct course number and section number. Purchase EPLT texts only; other course sections may use different texts.

**2. Phone**

Phone orders are accepted Monday to Friday between 9:30am and 5:00pm.  
Locally: call 604-822-2665. Out-of-town: call 1-800-661-3889.  
Identify yourself as a Distance Education student.

**3. Fax**

Dial 604-822-2111 and send this completed form.

**4. Mail**

Send this completed form to:  
UBC Bookstore, Attn: DET Orders  
6200 University Blvd  
Vancouver, BC V6T 1Z4

**5. Web Order**

To web order your selected texts, click on the "Make this a Web Order" button and complete the contact, delivery, and credit card billing details. After you submit the web order, you will receive a confirmation web page and an e-mail will be sent to the e-mail address you specified.

Send books to:

First name	Last Name
Street Address	
City	Province
Postal Code	Country
Phone (8:30 -4:30 pm)	Date of Order

Email address:

Please phone the Bookstore to confirm prices. Check the items you wish to order and write in the prices.

Price	Required Textbook and Learning Materials
_____ <input type="checkbox"/>	Fine, M.J., & Lee, S.W., Eds. (2001). Handbook of diversity in parent education. San Diego, CA: Academic Press.
_____	Total materials cost
_____	Add 7% GST
_____	Add shipping cost (contact Bookstore for shipping costs to your location.)
_____	Total payment required

**Payment: Methods of payment include cheque, money order or credit card**

Do not send cash. Cheque or money order: confirm the current book prices with the UBC Bookstore. Remember to include shipping costs and 7% GST. Cheques/money orders are payable to UBC Bookstore. For credit card payments please complete the following:

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