



Counselling Psychology
CNPS 427: Guidance: Planning and Decision-Making (3.0)
Course Outline

Evaluation: Assignments 1, 2, and 3 = 15% each; Class Participation = 10%; Final Exam = 45%.

Description

CNPS 427, Guidance: Planning and Decision-Making: This online course explores the work of the beginning counsellor and guidance worker in assisting students with educational, vocational, and personal planning and decision-making (UBC calendar). CNPS 427 is a core course in the Diploma in Guidance Studies program.

Objectives

1. To understand the nature and scope of the counselling profession;
2. To understand the role of the counsellor within the educational setting, as part of a comprehensive school guidance program;
3. To learn essential aspects of the role of the counsellor in other settings, including individual and group guidance, as well as working with minorities and special needs clients;
4. To appreciate important aspects of self-guidance, such as decision-making and planning;
5. To gain a broad understanding of developmental factors involved in the decision making process;
6. To understand the most important ethical aspects that guides the counselling profession.

Overview

1. Counselling as a Profession
2. The Counselling Process I: Individual Counselling
3. The Counselling Process II: Group Counselling
4. School Counselling
5. Developmental Aspects in Counselling
6. Assessment of Decision-Making Styles
7. Vocational Planning and Career Development
8. Program Development, Wellness, and Prevention
9. Counselling and Technology
10. Ethical Aspects of Counselling

Course Requirements

Students are required to have a computer, access to the Internet, and a Campus Wide Login ID and password to access the website for CNPS 427. Don't have a CWL account? Register at: <http://www.cwl.ubc.ca>

Technical Requirements

You must have a computer capable of running at least Netscape Navigator 6.2 or Microsoft Internet Explorer 6.0 or higher and access to the Internet at a connection speed of at least 56.6 kbps.

Extension Library Resources (if required): Register at: <http://www.library.ubc.ca/extension/extension-contact.html>

Textbooks and Learning Materials

Call the UBC Bookstore to order: (604) 822-4742 Toll free: 1 800-661-3889 or visit <http://www.bookstore.ubc.ca/>
Click on [Distance Education and Technology \(DE&T\) Course Material Ordering](#) and follow the instructions.

Required Textbook:

- Gibson, R. L., & Mitchell, M. H. *Introduction to counselling and guidance* (current edition). Upper Saddle River, NJ: Prentice Hall Inc.

For further information: (604) 822-3999 Toll free: 1 888-492-1122 or email: joanne.chilton@ubc.ca.



CNPS 427 Textbooks and Learning Materials Order Form

There are five ways to order your textbooks from the UBC Bookstore: <http://www.bookstore.ubc.ca/>
http://w4.bookstore.ubc.ca/cgi-bin/det/det_selector.cgi

1. In Person

Ensure the shelf tag has the correct course number and section number. Purchase EPLT texts only; other course sections may use different texts.

2. Phone

Phone orders are accepted Monday to Friday between 9:30am and 5:00pm.

Locally: call 604-822-2665. Out-of-town: call 1-800-661-3889.

Identify yourself as a Distance Education student.

3. Fax

Dial 604-822-2111 and send this completed form.

4. Mail

Send this completed form to:

UBC Bookstore, Attn: DET Orders

6200 University Blvd

Vancouver, BC V6T 1Z4

5. Web Order

To web order your selected texts, click on the "Make this a Web Order" button and complete the contact, delivery, and credit card billing details. After you submit the web order, you will receive a confirmation web page and an e-mail will be sent to the e-mail address you specified.

Send books to:

First name

Last Name

Street Address

City

Province

Postal Code

Country

Phone (8:30 -4:30 pm)

Date of Order

Email address:

Please phone the Bookstore to confirm prices. Check the items you wish to order and write in the prices. The bookstore only sells current editions of course texts.

Price

Required Text

_____ Gibson, R. L., & Mitchell, M. H. Introduction to counseling and guidance (current edition).

_____ Total materials cost

_____ Add 7% GST

_____ Add shipping cost (contact Bookstore for shipping costs to your location.)

_____ Total payment required

Payment: Methods of payment include cheque, money order or credit card

Do not send cash. Cheque or money order: confirm the current book prices with the UBC Bookstore. Remember to include shipping costs and 7% GST. Cheques/money orders are payable to UBC Bookstore. For credit card payments please complete the following:

Visa

Mastercard

American Express

Total Amount: _____ Card no. _____

Expiry Date: Year _____ Month _____ Cardholder Name: _____ (print)

Signature: _____